

Outdoor Traditional Sauna

Owner's Guide

Congratulations on your purchase! Your outdoor traditional sauna is designed to provide you with a relaxing and rejuvenating experience. This guide will help you get the most out of your sauna.



1 Installation Guidelines

- **Location:** Choose a level, well-drained area with a stable foundation. Ensure the sauna is positioned away from trees, shrubs, or other flammable materials.
- **Electrical Setup:** Outdoor saunas require a dedicated circuit. Ensure all electrical connections are weatherproof and installed by a licensed electrician.
- **Weather Protection:** Consider installing a canopy or roof extension to protect the sauna entrance from rain and snow.



2 Operating Your Sauna

- **Preheating:** Preheat the sauna for 30-45 minutes, allowing it to reach the desired temperature (150-195°F). Outdoor conditions may affect preheating time.
- **Using Water on Rocks:** Pour water on the hot rocks using a sauna bucket and ladle to create steam. Be mindful of the outdoor environment and avoid excessive water usage.
- **Session Duration:** Start with short sessions (10-15 minutes) and gradually increase. Outdoor saunas may cool faster, so be prepared to adjust session lengths accordingly.

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3 Maintenance and Care

- **Cleaning:** Clean the interior regularly with a damp cloth. For exterior wood, apply a weather-resistant sealant to protect against the elements.
- **Wood Treatment:** Treat the interior wood with a recommended preservative. For the exterior, use a sealant suitable for outdoor conditions.
- **Heater Maintenance:** Inspect the heater and sauna stones regularly. Replace stones as needed and ensure they are evenly distributed.



4 Safety Precautions

- **Weather Awareness:** Avoid using the sauna during extreme weather conditions such as thunderstorms or high winds.
- **Hydration:** Always drink plenty of water before and after your sauna session to stay hydrated.
- **Supervision:** Keep children and pets away from the sauna when it's in use, and never leave the sauna unattended.



5 Troubleshooting

- **Temperature Fluctuations:** Outdoor conditions can affect the sauna's temperature. Ensure the door is fully closed and the sauna is adequately insulated.
- **Moisture Issues:** Ensure proper ventilation to prevent excess moisture buildup. Use a moisture barrier under the foundation if needed.

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6 Warranty and Support

- Stay Hydrated: Drink water before, during, and after your sauna session to prevent dehydration.
- Temperature Control: Never exceed the recommended temperature for your sauna. Always use the built-in thermostat to monitor the heat level.
- Supervision: Never allow children to use the sauna unsupervised. Always ensure that someone is nearby in case of emergency.
- The Waterworks provides warranty service as directed by manufacturer. Destination fee, fuel and technician labor may not be included in warranty coverage.

Need Service or Have Questions?

We are here to help.

Phone: 907-563-3848

Text: 907-563-3848

Email: service@alaskaspa.com

*The Waterworks makes no written or oral representations for warranty or service. Warranty is between owner and manufacturer. Please see your manufacturer owners manual for full warranty details. R.Q3.2024

