

# Outdoor Wood-Fired Sauna Owner's Guide

Congratulations on your purchase! Your Outdoor Wood-Fired Sauna is designed to provide you with a relaxing and rejuvenating experience. This guide will help you get the most out of your sauna.



### **Installation Guidelines**

- Location: Choose a level, well-drained site away from flammable materials. Ensure the sauna is positioned to allow proper ventilation and easy access to firewood.
- Foundation: Install on a solid foundation, such as a concrete slab or gravel base. This will help prevent moisture buildup and ensure stability.
- Chimney Installation: The chimney should be installed by a professional to ensure proper venting and to prevent fire hazards.



## Operating Your Sauna

- Starting the Fire: Use dry, seasoned wood to start your fire. Begin with small kindling and gradually add larger logs as the fire builds.
- Preheating: Allow the sauna to preheat for 45-60 minutes. The temperature should reach 150-195°F for optimal use.
- Using Water on Rocks: Pour water on the hot rocks to create steam. Use a sauna bucket and ladle, and be cautious not to add too much water at once.

### **Outdoor Traditional Sauna Owner's Guide**





- Cleaning: Clean the interior regularly by sweeping out debris and wiping down surfaces. For the exterior, apply a weather-resistant sealant as needed.
- Wood Treatment: Treat the interior wood with a recommended preservative to prevent drying and cracking. For the exterior, use a sealant suitable for outdoor conditions.
- Chimney Maintenance: Regularly clean the chimney to prevent creosote buildup, which can cause fires.
   Inspect the chimney cap and flashing for wear.



# Safety Precautions

- Hydration: Always drink plenty of water before and after your sauna session to stay hydrated.
- Fire Safety: Never leave the fire unattended, and always keep a fire extinguisher nearby. Ensure the area around the sauna is free of flammable materials.
- Ventilation: Proper ventilation is essential for safe operation. Ensure that the chimney is functioning correctly and that fresh air can circulate



### Troubleshooting

- Temperature Fluctuations: Outdoor conditions can affect the sauna's temperature. Ensure the door is fully closed and the sauna is adequately insulated.
- Moisture Issues: Ensure proper ventilation to prevent excess moisture buildup. Use a moisture barrier under the foundation if needed.

### **Outdoor Traditional Sauna Owner's Guide**





### Warranty and Support

- Stay Hydrated: Drink water before, during, and after your sauna session to prevent dehydration.
- Temperature Control: Never exceed the recommended temperature for your sauna. Always use the built-in thermostat to monitor the heat level.
- Supervision: Never allow children to use the sauna unsupervised. Always ensure that someone is nearby in case of emergency.
- The Waterworks provides warranty service as directed by manufacturer. Destination fee, fuel and technician labor may not be included in warranty coverage.

#### **Need Service or Have Questions?**

We are here to help.

Phone: 907-563-3848

Text: 907-563-3848

Email: service@alaskaspa.com

\*The Waterworks makes no written or oral representations for warranty or service. Warranty is between owner and manufacturer. Please see your manufacturer owners manual for full warranty details. R.Q3.2024

