



THE
Waterworks
SPA. SAUNA. SWIM.



Experience Wellness,
The Waterworks Way

ALASKASPA.COM

Family Owned and Operated Since 1976...

Alaska-grown, The Waterworks has been keeping Alaskans warm for four decades and counting. From the original redwood hot tubs (like the one pictured here) to modern, energy-efficient products built to last in Alaska's extremes, we're here for generations of wellness.

We're on a mission to elevate the well-being of our Alaskan community through transformative wellness experiences. Since 1976, we've been dedicated to becoming the cornerstone of relaxation and rejuvenation in every Alaskan home. By providing innovative hot tubs, saunas, swim spas, and cold plunges tailored to the unique demands of the Alaskan lifestyle, we strive to create a sanctuary where moments of tranquility foster physical, mental, and emotional vitality.

Spas & Hot Tubs

Bring Healing Waters Home.

Experience wellness through hot water therapy.

There's nothing quite like soaking into a hot tub in the middle of the Alaskan wilderness. As steam rises into the crisp mountain air and snow settles softly around you, the warmth wraps around your body, melting away stress and fatigue. Whether you're watching the northern lights dance overhead or soaking under the golden glow of the midnight sun, outdoor hot tubbing in Alaska is a daily escape into nature and wellness. At Waterworks Spa Sauna Swim, we bring this experience home—combining rugged beauty with soothing comfort so you can unwind year-round, right in your own backyard.





Click Here

EXPLORE HOT TUBS

What You Need to Know Before Buying a Hot Tub

If you're dreaming of soaking under the Northern Lights or creating a no-phones-allowed space to unwind with friends and family, we're here to help.

Before you dive in, here are a few things to consider:

START WITH YOUR "WHY"

Wellness? Recovery? Quiet time with loved ones? Knowing your reason helps us match you with the right tub.

WHO'S HOPPING IN?

Whether it's just you and your partner, the whole family, or a rotating crew of friends, the number (and size!) of users can help determine the right model and seating layout.

HOT TUBS DO MORE THAN RELAX YOU

Regular soaks can help with:

- Stress relief and detoxification
- Circulation and cardiovascular health
- Rebalancing your nervous system

LOCATION, LOCATION, LOCATION

Whether it's a private nook under the stars or steps from your back door, choosing the right spot makes all the difference.. And we're here to help. We can work with you to assess your space, talk logistics, and help you find the perfect fit—no stress, no guesswork.

Whether it's tucked by your cabin or right on the deck, we'll make it easy to say bring healing waters home.

Health Benefits of Hot Tubbing



It's no secret that spending time in a hot tub feels great, but the benefits of a warm soak extend beyond comfort and relaxation. Regular hot tub hydrotherapy sessions have been linked to improved physical and emotional well-being in many ways.

Here are the top hot tub benefits you could experience when you make hydrotherapy part of your regular wellness routine.

- Reduced Anxiety and Stress
- Improved Sleep & Better Mood
- Improved Muscular Relaxation
- Quicker Recovery Times
- Increased Mobility & Vitality

And that's just the beginning.

Soaking regularly for 20 minutes, three times a week can change everything from your physical and mental health to your outlook on life.





The Science Behind Why We Say Ahhh in Water

Research shows that our bodies undergo physiological changes when we slip into the water. Here are some of the findings from Drs. Bruce Becker and Kasee Hildenbrand of the Aquatic Research Lab at Washington State University:

- Warm-water immersion seems to have a significant effect on the autonomic nervous system.
- That effect seems to enhance the balance between parasympathetic and sympathetic components of the system; likely one of the major changes that create the "Ahhh."
- Changes were consistent across all subjects tested.
- Heart rate rose during warm-water immersion, but not during cool or neutral immersion.

Peripheral circulation was very significantly enhanced during both the neutral- and warm-water immersions. This effect was far greater than could be explained by the rise in heart rate.

Let's get you in hot water.



Saunas

Unplug, Relax, and Rejuvenate.

An ancient ritual, reimagined for modern Alaskan life.

Step inside. The heat is dry, the air is still, and with every deep breath, your body begins to release what it's been holding. In a land of extremes, the sauna is a sanctuary—a place where time slows and healing begins. Whether you crave a quiet reset after a long hike or a daily detox after a demanding day, the sauna offers a grounding return to self. At Waterworks Spa Sauna Swim, we honor this time-tested tradition by bringing it closer than ever—into your home, your cabin, your life.



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— BUILDING LUXURY —



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PURE SAUNA

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EXPLORE SAUNAS

Infrared or Traditional Sauna?

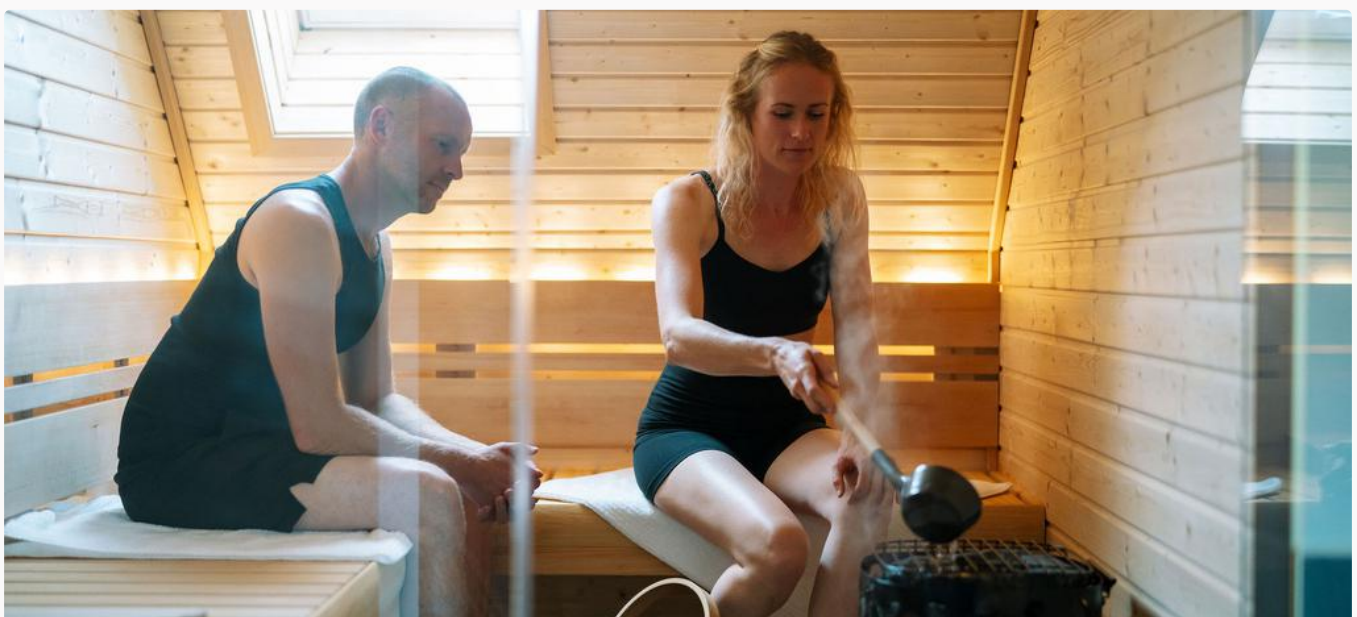
FIND THE SAUNA THAT FITS YOUR LIFE.

Not all saunas deliver heat the same way—and that's a good thing. Whether you're craving a cabin-style experience or something more modern and therapeutic, today's saunas offer options to match your lifestyle.

Traditional saunas heat the air around you, creating a steamy, high-heat environment that encourages deep sweating and total-body relaxation. If you love the ritual of pouring water over hot rocks and feeling that first wave of heat, this might be your match.

Infrared saunas, on the other hand, use gentle infrared light to warm your body directly—at a lower temperature and with a dry, radiant heat. This style is great for those seeking muscle recovery, detox support, or a more tolerable daily routine.

Both offer major wellness benefits. The best choice? The one that makes you want to step in regularly.





Cold Plunge

Take the Plunge – Elevate Your Wellness.

Use the power of cold therapy.

In Alaska, we don't shy away from the cold—we embrace it. A cold plunge turns that rush into ritual. As you lower yourself into the brisk water, your breath sharpens, your mind clears, and your body snaps awake. It's not just about resilience—it's about renewal. Whether you're balancing out a sauna session or chasing that post-plunge high, this is wellness in its rawest form. At Waterworks Spa Sauna Swim, we make it safe, beautiful, and ready when you are—so you can take the plunge, again and again.





[Click Here](#)

EXPLORE YOUR COLD PLUNGE

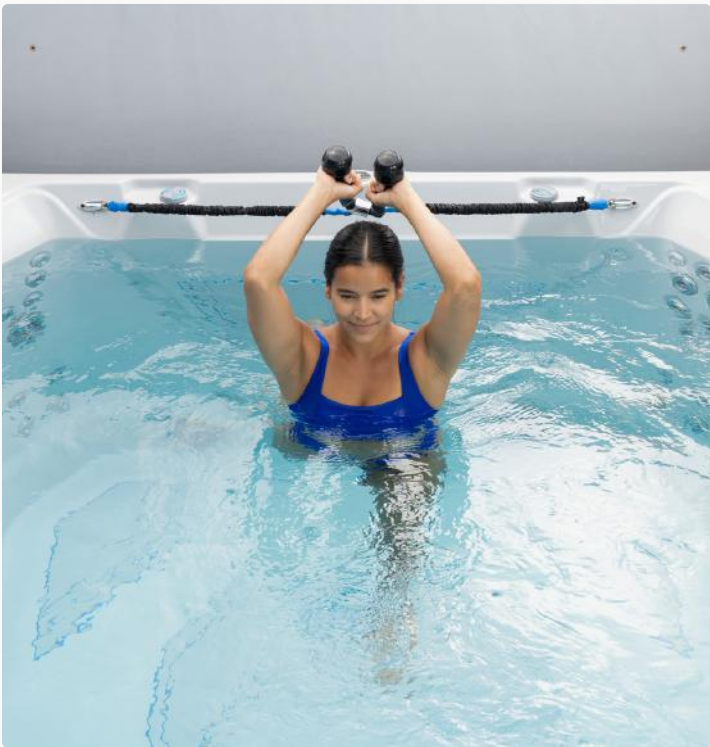
Swim Spas

Get Healthy Right From Your Backyard.

**Where fitness meets freedom —
no gym required.**

In Alaska, wellness isn't a luxury—it's a lifestyle shaped by nature itself. A swim spa lets you move with purpose in any season, no matter the forecast. Picture yourself gliding against a smooth current, your muscles working as snowflakes fall gently beyond the windows or trees sway in the summer breeze. Whether you're swimming laps, stretching sore joints, or enjoying a playful splash with family, it's movement made for Alaska's rhythm. At Waterworks Spa Sauna Swim, we make it easy to bring that rhythm home—blending fitness, fun, and relaxation in one powerful, all-season system.





Click Here

EXPLORE SWIM SPAS

Alaska Nordic Spa At Home

Wellness that lives where you do.

More Alaskans are creating their own Nordic spa experience at home—pairing hot tubs, saunas, swim spas, and cold plunges for year-round wellness. Start the day with a sauna session, soak under the stars, or plunge into cold water for an instant refresh. Whether you're focused on recovery, relaxation, or reconnecting with nature, this is wellness on your terms.

At Waterworks Spa Sauna Swim, we help you build a backyard retreat that fits your lifestyle—from DIY cabin saunas to full spa setups. Because luxury and everyday life can absolutely go hand in hand.





Bring Wellness Home

At The Waterworks, we believe wellness should feel personal. Whether it's a quiet morning sauna, a post-adventure soak, or a space where the whole family can reconnect and recharge, we're here to help you bring that vision to life—right in your own backyard. Let our experts guide you to create the ultimate backyard wellness retreat.

Our team will guide you toward the perfect setup for your lifestyle, space, and goals. We specialize in creating at-home retreats that deliver lasting comfort, season after season.

Stop by our Anchorage or Wasilla showroom, explore our online collection, or call 907-563-3848 to take the first step toward your wellness sanctuary.



YOUR SANCTUARY STARTS
HERE—SCAN TO EXPLORE

ANCHORAGE LOCATION

8201 Old Seward Hwy,
Anchorage, AK 99518
(907) 563-3848

EAGLE RIVER LOCATION

12212 Old Glenn Hwy,
Eagle River, AK 99577
(907) 563-3848



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